



Date/Time	What happened to make me sin? Why did I sin?	PUT OFF...How was I sinning to get? How was I sinning to keep? How was I sinning because I didn't get something? What idol does this point to?	RENEW MIND... Find a Bible verse that addresses my desires, motives, or thoughts.	PUT ON...According to this verse, what should I think now?	REPENT...God and others. Who do you need to ask forgiveness from? Do it.
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